

# LAMBDA

Laurentian University's Student Newspaper  
Le journal étudiant de l'University Laurentienne  
Volume 41 - Issue 1 / Numéro 1

"You'll have to excuse me,  
I'm not at my best,  
I've gone for a week,  
I've been drunk since I left.  
This so-called vacation  
will soon be my death  
I'm so sick from the drink,  
I need home for a rest!"  
- Spirit of the West

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Playing With Our Swollen Members Since 1961



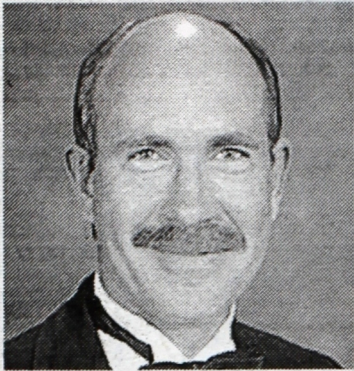
Huntington University Music Professor Becomes Fellow in Prestigious Guild

LU Press Release

The American Guild of Organists (AGO), which is based in New York, recently announced the results from the 2002 Professional Certification Examination Program. Forty-one candidates were awarded the Service Playing Certificate; six of these also received dual certification with the National Association of Pastoral Musicians. Thirty-two candidates received the Colleague (CAGO) certificate. Fifteen candidates passed the upper level, or academic examinations: six received the Choir Master (ChM) certificate, six received the Associateship (AAGO) certificate, and three candidates successfully completed the Fellowship (FAGO) examination, the Guild's highest-level examination.

ROBERT G. HALL, fago, is chair of the Department of Music at Huntington University, which is part of the Laurentian University Federation, in Sudbury, Ontario, Canada. He also serves as a director of music at St. Andrew's United Church in Sudbury. He holds a bachelor of music degree in piano performance from Wilfrid Laurier University, a master of music in voice performance from the University of Regina, and a doctor of musical arts in choral music from the University of Illinois. He also earned the Associate and Choir Master diplomas from the Royal Canadian College of Organists.

Dr. Hall is the founding director of the Huntington Summer Festival of Church Music in Sudbury, which since 1995 has offered an annual week of workshops, concerts, and church services. This summer, he was the conductor of the Cathedral Singers of Ontario, which spent a week as the choir-in-residence at Wells Cathedral as well as presenting concerts in Chichester Cathedral and St. Paul's Cathedral. As a pianist, Hall has recently collaborated with organist Ian Sadler for several concerts of works for piano and organ, and they are in the final stages of producing a CD of music for piano and organ. Hall is active as a composer and arranger, and he and organist William O'Meara will present Hall's piano/organ transcription of Saint-Saëns's Carnival of the Animals in a Roy Thomson Hall concert in Toronto next April.



Elite Athlete and Coach Joins Laurentian's Sport Psychology Program

LU Press Release

Laurentian University is pleased to announce that a well-respected athlete, coach, and sport psychologist will join the University in Sport Psychology Program. Dr. Robert Schinke's arrival on the Laurentian University campus comes on the heels of his participation at the 2002 Commonwealth Games, in Manchester, England, as a psychologist on Canada's Boxing Team, which placed first overall.

"I was attracted to Laurentian University since it offers the only undergraduate sport psychology program of this type in Canada. I also wanted to have the opportunity to teach alongside Dr. Wendy Jerome, a leader in this field," declared Dr. Schinke.

Dr. Schinke is an international equestrian event rider who competes as an elite athlete at several major competitions such as the World Cup. In 1987, he claimed a silver medal in the Pan American Games and is seeking to qualify for the 2002 Pan American Games.

Dr. Schinke holds a Doctorate in Education from with an emphasis in major-games athlete performance from the University of Alberta and a Masters in Sport Psychology. He completed a Post-Doctorate in Psychology through the Positive Psychology Network in the area of motivation. His area of expertise is athlete resilience training for adverse major-games and professional sport settings.

In recent years, Dr. Schinke has worked as a motivational psychologist and consultant with national teams and professional sport affiliates. He has worked with them in the areas of athlete and team motivation profiling, strategic planning, team-building, competition planning, dispute resolution, confidence and optimism development, and mental training.

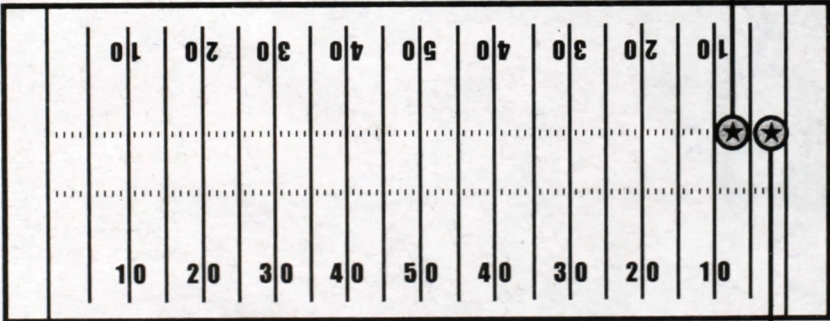
Dr. Schinke remains active with the International Boxing Management Group. He recently helped boxer Éric Lucas defend his WBC Title. In 2001, this new Laurentian professor was at the World Francophone Games as Canadian Contingent Mental Training Consultant. He was available for the medical staff, assisted with planning, mediation, team-building, personal interventions and consulting, and served as on-site resource to the Canadian boxing contingent.

He has also been called upon to share his expertise with the Canadian Equestrian Teams, the Canadian Amateur Boxing Association, and the Canadian National Shooting Team. He worked for the Canadian Olympic Association in the 1995 Pan American Games and the 1996 Atlanta Olympic Games. Over the years, Dr. Schinke has worked with national team Members in track and field, figure skating, squash and field hockey. He also worked with OHL, IHL as well as NHL drafted athletes. Dr. Schinke will be featured on the Discovery Channel on September 21 (in French on Discovery, on September 12) as part of a feature on sports psychology as a result of his affiliation with 12 world-championship medal winning boxers in 2001.

Dr. Schinke has several publications in the area of sports psychology and the development of coaches. In 1997, he co-published at London's Compass Press the book Focused Riding: Sport Psychology Techniques for Equestrians. This book outlines the mental training skills sport psychologist require to attain their respective objectives. It has been translated from English to German and Czech



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## Laurentian to Offer Bachelor of Science Degree in Radiation Therapy

LU Press Release

Laurentian University and the Michener Institute for Applied Health Sciences signed on August 19, the final approval for a new joint Program that will benefit students interested in pursuing studies in radiation therapy. Dr. Rizwan Haq, who as Dean of Science and Engineering has been instrumental in the creation of the new program, stated that "This Program exemplifies Laurentian's commitment to students and health education and training in the North." The four-year Bachelor of Science program in Radiation Therapy will be offered at Laurentian University through the Department of Physics and Astronomy, and will accept its first group of students in September 2003.

The curriculum of the Radiation Therapy program will include a combination of courses offered on the Laurentian campus with specialized

courses in distance education format from the Michener Institute. Extensive clinical training will be provided at the Northeastern Ontario Regional Cancer Centre in Sudbury and at other northern clinical sites. Radiation therapy is the treatment of cancer using radiation in the form of x-rays, gamma rays and electrons. Radiation therapists work as a vital part of a cancer treatment team, together with physicians and physicists, to administer the prescribed radiation treatment with care, compassion and respect.

Laurentian University is committed to playing a major role in meeting the growing educational and training needs for health care professionals in Northern Ontario, and in furthering medical education in this part of the province. To serve the present and future health care requirements of cancer patients in Northern Ontario, a Northern train-

ing program for medical radiation therapists with clinical training provided at northern regional sites is essential.

Located in Sudbury, Ontario, Laurentian University is a bilingual comprehensive institution recognized for its academic excellence, its innovative research and its services to students. Laurentian University is also renowned for its development and delivery of distance education programs.

The Michener Institute for Applied Health Sciences, based in Toronto, has extensive experience in the delivery of applied health science programs. It is acclaimed both nationally and internationally for its excellence in providing programs with an optimum balance of didactic, practical and clinical experience. Resources from its currently operating program in radiation therapy will support this new joint initiative.

## Karen Shaw Receives Recognition from Laurentian University

LU Press Release

Laurentian University recently presented an award of recognition to Mrs. Karen Shaw, a former resident of Sudbury who now resides in the town of Gore Bay, on Manitoulin Island. This award recognizes Mrs. Shaw's numerous contributions to the City of Greater Sudbury.

"Karen was a member of Laurentian University's Board of Governors for many years and had the opportunity to teach as a faculty member," explained Dr. Hermann Falter, former Laurentian University President. "She was an extraordinary board member from 1986 to 1996 and has always been dedicated to Laurentian, as well as to several other institutions in Sudbury."

From 1967 to 1972, Mrs. Shaw was a physical education teacher at Sudbury High School. She was elected as trustee for the Sudbury Board Of Education from 1976 to 1985 and was executive director of the Cambrian Foundation from 1985 to 1996. In this latter role, she spearheaded a \$2.5 million fundraising campaign to build a special needs resource centre at Cambrian College. She also served as municipal and regional councillor in the City of Sudbury from 1991 to 1997. Mrs. Karen Shaw also held the position of president of the Greater Sudbury Chamber of Commerce and president of the Sudbury Business Professional



Former Sudbury resident Mrs. Karen Shaw was presented with an award of recognition from Laurentian University. From left: Madame Maureen Lacroix, Chair of LU's Board of Governors; Mr. Ron Chrysler, LU Vice-President, Administration; Mrs. Karen Shaw; and Dr. Hermann Falter, former LU President.

Women's club.

Following the completion of a Ph.D. in philosophy at Michigan State University in 1997, she left Sudbury to assume the position of Executive director of Advancement at the Okanagan University College in Kelowna, B.C. In 2000, this former Sudbury resident was diagnosed with a neurological illness and retired from her professional activities to Manitoulin Island.

Mrs. Karen Shaw is also well

known for her efforts in spearheading the development of province-wide physical education curriculum and the introduction of French immersion in the Sudbury school system. She was also a member and chair of numerous committees that focussed on special needs at the post-secondary level.

Recently, Mrs. Shaw was honoured by Northern Ontario Business during its Influential Women of Northern Ontario Award event.

## News Briefs

### Flamenco performance to be presented at Laurentian University

The Hispanic Studies Section of the Department of Modern Languages and Literatures at Laurentian University will host "El Viento Flamenco: A Concert of Spanish Music and Dance" on Saturday, October 5, at 8 p.m., in the University's Fraser Auditorium. Tickets are \$15 for adults and \$10 for students, seniors and children. They may be purchased at Black Cat Too, Helvi's Flower House, Village International, as well as on the LU campus at the Bookstore.

### Laurentian University appoints Dean of Professional Schools

This past June, Laurentian University's Board of Governors approved the appointment of Dr. Anne-Marie Mawhiney as Dean of the Faculty of Professional Schools. The appointment is for a period of five-year period starting July 1, 2002.

Dr. Mawhiney, a Full Professor in the School of Social Work, has taught at Laurentian University since 1980. A graduate of Laurentian University, she obtained a Master's degree in Social Work from McGill University and a Ph.D. in Sociology from York University. Dr. Mawhiney has held various administrative positions such as director of the School of Social Work (1983-85), Assistant to the President (1985-86), and Director of the Institute of Northern Ontario Research and Development (INORD) (1991-1997).

Dr. Mawhiney has published numerous books and chapters on the First Nations and Native Human Services. She was the editor of the Canadian Social Work Review and now serves on the editorial board of the Social Work Review. Over the years, she received important research grants, including a substantial one to undertake the Elliot Lake Tracking Study, along with other LU researchers, when she was director of INORD.

"Over the years, Dr. Mawhiney has proven herself as a strong advocate for the Professional Schools with the University community," said Dr. Hermann Falter, Laurentian University President (2001-2002). "She is sensitive to cultural differences, is committed to the development of Laurentian, and capable of maintaining an open and consultative approach with professors and students. Laurentian University will greatly benefit from her leadership skills."

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## Attention Students!!!

Health Plan Opt-Out Deadline is  
Friday, September 27th, 2002

Date finale pour le remboursement du plan de  
santé est  
vendredi, le 27 sept., 2002



## Lambda Staff

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Mat Thompson  
**Financial Director**  
open  
**Assistant Editor**  
Nick Stewart

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**Asst. News** open  
**Sports Ed.** open  
**Asst. Sports** open  
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**Circulation** Mat Thompson

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Natalie Dubniczky Sabrina Sandrin  
Kevin Hayashi Ray McGreggor  
Amelia Bucko

### Circulation

Lambda circulates 3,100 copies throughout the city of Sudbury and the Laurentian University Campus. We thank the following for permitting us to circulate our paper at their establishments.

The Black Cat & Black Cat Too  
Douglas Variety & Video  
East Side Marios (Lasalle)  
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Peddler's Pub Gloria's Restaurant  
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The Elm Tree The Travelodge  
Lil' Habana's 1500 Pub & Cues  
Book's & Beans Respect is Burning  
Chapters



Lambda Publications is the weekly student newspaper of, by and for the students of Laurentian University. Lambda is funded through a direct student levy by the members of the Student's General Association, yet remains autonomous from all university organizations, both student and administrative.

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## EDITOR'S CORNER

# A Long Time Ago...

By Mat Thompson  
Editor In Chief

It was only one year ago this week when I was sitting in this office trying to figure out exactly what to do with the first paper of the year. As myself and my small staff looked over what we thought was the finished product of the first issue of Lambda for the year, something happened. We looked upon the first issue with pride and we were happy with what we saw. Then all hell broke loose.

We turned on the television sets and the radio and less than 10 hours from the spot where we were sitting lives were being destroyed. Many times we sat in this office looking at pictures of death and destruction on television not really thinking twice about it. We saw the wars overseas and the death that come of it, but it wasn't until it happened here in on our own continent that we stopped production and started to rebuild the paper.

September 11, 2001 was the day I had to make the choice of how to proceed with the paper. Do we let the story of the century sit for a week or do we cover it as best we can in a student paper? Some wanted to just go on without a second thought, and some others wanted full coverage. I myself walked to class that day, listening to what people were saying.

Many people were under the impression that it was all of north America that was under attack...

and in a sense it was. Some people sat silent in front of the television just watching the mayhem and destruction. I spoke with professors and with students along the way. I stopped to get everyone's opinion on what was happening and the thing I noticed was that no one went unaffected by the events of September 11<sup>th</sup>.

We printed the issue that day with a picture of the Empire State Building on the cover. The picture was beautiful. It was shot masterfully and showed the New York City Skyline in it's glory... except for one thing. In the background the Twin Towers of the World Trade Centre were smoking.

It was a hard picture to look at once it sunk in that the picture was not really of two towers destroyed, but of thousands of people effected, injured and dead. I look at the picture every day as it hangs above the desk I work at and it reminds me of so many things. Sometimes I look at it for the beauty of the skyline. Sometimes I look at it for the mayhem that it caused. Sometimes I look at it for inspiration, as a sign that no matter what, the human race will go on. And sometimes I just look at it and let my thoughts carry me away.

It has now been a year. The world has moved on in so many different ways, but the September 11<sup>th</sup> attacks will never be forgotten or ignored. If you turn on television, radio or even open a publication you

will see some type of reminder of what has happened. Television tugs at our hearts with stories of the men and women that lost fathers and mothers, husbands and wives, brothers and sisters, friends and co-workers. Everywhere you turn they have moved back to the footage of the planes smashing into the buildings, as if we haven't seen it enough.

I still can't watch the footage without being affected and to me, that's a good thing. I do not want to be so immune to emotion that I can actually sit and watch thousands of people die. I watched it live, right there in living color on my television, but it really hadn't sunk in exactly what I was watching.

For months the Twin towers became a taboo sight. They tried to block it from every movie and television show. They removed it from pictures and posters and New York advertising centered on other attractions. People acted like the towers never existed. The country was in denial and it was to be expected.

Now, one year later, people are collecting memorabilia of the World Trade Centre. My girlfriend sent me a postcard from New York this summer that showed Manhattan in all it's glory, pre-9/11. One of the best selling prints at Ikea is that of the World Trade Centre at night. People are remembering in a different way now.

When September 11<sup>th</sup> comes again this year, people will be grief

stricken, but they will also be able to hold their heads up high. The tragic event that happened one year ago has now brought not just the United States, but many other countries together and made them stronger. People know that it was just one horrific day in their lives that they will never forget, but they will go on.

I look up at the cover of last year's Lambda as I finish this and all I can think is that in that one picture, millions of people's lives changed instantly. We will never be the same as we were on September 10, whether we lost someone in the buildings, knew someone who lost a family member or just watched the destruction happen. Our lives were changed forever. We can never be the same people that woke up on September 10<sup>th</sup> and kissed our significant other, or fed our pets, or met a friend for breakfast. We have been affected in many ways, and in many ways we will never be the same again. We will be stronger...



## SPACE FOR RANT ... Letters to the Editor

You see, the thing about this place is that you have to learn how to work the system to survive. There are so many ways around things that you can basically get away with anything you want as long as you know what you are doing beforehand. This place is filled with so much mind-blowing and up-side-down writing that you need to look at everything and everyone to figure out exactly where the advantage that you need will come from. Advantage is everywhere and we all know that we have it, or can obtain it within seconds. Look within yourself and figure out exactly what your potential is and utilize it every day to your advantage, and your advantage alone. Dog cat dog doesn't notice when you are already King of the Hill. It may take a few years to get exactly where you want to be, but hell, once you get there there is nothing better than that extreme power... unless it is a really good MLT!

## Lambda... Now On Mondays!!!

### E-mailed Submissions

If you are emailing us a submission for the paper, please ensure that the attached file is saved as a TEXT or WORD file as we cannot transfer other files. Please ensure that ALL submissions have your name and student ID # on them or they will not even be considered for print under Lambda Publications Policy Manual.

### Volume 41 Issue 1 / Numéro 1



Cover Photo courtesy of:  
The Students' General Association

### Write to Us, But Remember...

All submissions become the property of Lambda Publications and thus will be subject to editing. Letters submitted must bear the author's full name and student number. Letters will not even be considered without this information, but names will be withheld upon request. Letters must be no longer than 250 words. Lambda reserves the right to edit for content considered sexist, racist, homophobic, heterosexual or for length. Letters of a harrasing or slanderous manner will be dealt with by the proper authorities.

Lambda

## Lambda Positions Available

Many people never actually think about writing for their student newspaper, but Lambda is in desperate need of writers this year. Below is a list I have compiled of articles and collumns I would love to see in the paper on a weekly (or less) basis:

### News

-Writers for the Campus,  
Local and World sections  
- Opinion Columnists  
(political, topical, off the wall...)

### Features

- Writers to work with the Editor on specific topics  
on a weekly/bi-weekly basis

### Sports Writers

Campus Events, Soccer, Basketball,  
Swimming, OUA Results, National Sports,  
Sports Opinion Collumns

### Arts and Entertainment

Movie Reviews, Theatre, Poetry, Books, Internet Sites, Short  
Stories, Comics... Be Creative!!!

Student Newspapers are only as good as the students who contribute. The Lambda staff is too small and over-worked right now to continue at the pace they did last year. We cannot fill the paper all the time without student input.

If you are interested please stop by the office at SCE 301, email us at lambdapub@hotmail.com or just start writing and bring it to us.

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## Stuff I Like That You Should Too

By Andrew Noakowski  
contributor

Issue One: Immaturity in University

This is probably the last thing your parents want to hear, but they don't come to Laurentian, you do. Being immature while attending post secondary school is the best thing you can do for your future. I'll tell you why.

Think about it, after you graduate you're going to start your fabulous career with your fabulous Laurentian Degree. Then what? Then you settle down and start a family, then you raise your kids, then you send them to University. Guess what, you've been too serious! The main point I'm trying to make here is that during your time at Laurentian you have a very unique opportunity. You can be serious during classes but be completely immature the rest of the time. Why is this beneficial? Well I'll tell you why, if you goof off as much as possible and still get your degree, well you'll have gotten all this tom foolery out of your system and be completely prepared to enter the "real world" where everyone wears suits and calls each other mister.

If you're too serious during your tenure here at Laurentian, then you'll get into the work force and be pretty upset at the fact that you're working too much and you don't

have enough time to do fun and crazy stuff. Obviously right now you're thinking that no matter what you're going to want to have fun in the real world. I'm not denying that at all, but the fact is that you won't want to do completely insane stuff anymore because you would have done it all already. If you act as crazy as you want to be during your four years here - I emphasize four, don't let this stuff stop you from graduating - then you'll end up getting your fill of it all. Now I know all you frosh are thinking "what are you crazy?! I'm gonna party till I die!!" Guess what, ask a fourth year if they party as much now as they used to, the answer is a resounding no. Unless they've got a few years to go, then they'll probably say yes.

The idea here is that you set aside your time for class and studies, but the rest of the time just be as stupid and immature as you want to be. You'll get it out of your system and feel less stress. The ability to be silly at the drop of a hat will - to your amazement - make you more relaxed and it'll take a lot more to stress you out. To wrap this little argument up, I have one thing to say to all of you. Never trust the people who think that laughing at little things isn't important. If you can find humour in even the smallest details, you'll lead a much happier and relaxed life.



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## SGA AGE

### Students' General Association News and Notes...

You're Invited to the SGA's 1st Board Meeting on  
Wednesday, Sept. 25 at 5pm in room L-239

### Get Involved!

Just so you know..., the SGA holds many events, but none could go on without acknowledging the people that make it all happen!

#### Many thanks to:

RA's from SSR & UC

Scott Vincent - RLC

LOCS - Hope, Chas, Jonathan, Jessica, Trevor,  
Mel and Jasmine

Stage Crew - Dex, Wrangler, TIDO & Lauzey

Tracy and the Amazing Pub Staff

Martin, Judy & Tina of Aramark

and last but not least...

Jessie, Moog, Gerry, John, Lise, Preetam, Jay, Brooke, Taylor,  
Bryan and Max.

We wish to thank the  
following sponsors for their  
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- \* LU Alumni Association \*
- \* Aramark \*
- \* LU Dept. Of Active Living \*
- \* LU Director of Services \*
- Gilles, Romeo, Moog, Jessie,  
Leona & Natalie

We would like to  
welcome our new Pub  
Manager, Tracy!

## CLASSIFIED

### ESSAY HELP (ALL SUBJECTS)

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## Lambda Publications

### Marketing Director(s) Needed

#### Position Summary

This position involves sales, both telephone and in the field, using current marketing material or developing a new one. This also includes the design and layout of the advertisements placed if needed. The person is also responsible for public relations and maintaining contractual rights and obligations with other business associates. Commission will be paid for this position.

#### Specific Duties

- The main duty of the Marketing director is to sell spaces for advertising in Lambda using the current marketing material or developing a new one.
- Develop a marketing campaign.
- Develop a product strategy (what Lambda can offer advertisers), a distribution strategy (increase distribution throughout the city of Sudbury), and a pricing strategy (line rate, insert rates, color charges, creative charges and others) in coordination with the Lambda Executive.
- Responsible that ALL contracts are fulfilled.
- Deal with problem bills, accounts and advertisements.
- Marketing (ie readership, usefulness and awareness of Lambda)

#### Knowledge, Skills and Abilities

- Must be a member of the Laurentian University Community and Students' General Association (SGA).
- It is suggested, but not mandatory that the applicant has taken three business courses, or have related experience. recommended business courses include accounting, economics, finance, marketing and a relevant computer course. Related experience is defined by working knowledge of computers, selling and marketing in the forms of advertising and distribution.
- This position requires at least 10-15 hours a week
- Must have flexible class schedule
- Must have access to transportation

#### Structure

- The Marketing Director(s) must hand in a written report of his/her marketing activities on a weekly basis to the Executive Committee.
- All ads must be accompanied by a contract with said advertiser.

Resumes will be accepted from

**September 10th until October 18th, 2001.**

Please drop off resumes to the Lambda Office at SCE 301  
or to the SGA Office, Attention Lambda Executive.

Interviews will be given to those who meet the  
aforementioned requirements.

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**When:** Monday, Oct. 21

**Time:** 6-9 pm

**Cost:** \$45.00

**Length:** 3 hours

**How:** register in advance @ the SGA office  
in room SCE 212

# HEY!



# SGA Beach Day 2002



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Is It Just Us or Does it Look Like  
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Pole by another Frosh... With a  
Good grip on Another Pole?



Calvin says...  
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Because I Still Have  
Sand in my Pants from  
Beach Day 2002... and  
Damn I Like it!!!

Photos courtesy of the  
Students' General Association

The Frosh Swarmed the Food Table Knowing it will be the Last  
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# Arts & Entertainment

## The Diary of Rabid-Squirrel

German Pop Music: Friend or  
Hideous, Hideous Foe?  
Look Away While You Still Can

After doing my best to resist it — for the good of all — I can no longer. It is now time to capitalize on this Wonderful and Exciting New Xanga Feature, the Xangazonomicon, or as it's known in the small village of Uzglakistan whose conquest will be funded by any and all cash earned through this: the **Capitalozmitron 3000!** Gaze upon GREATNESS...and WEEP!

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Bask in the Golden Voice of Sir Hasselhoff as he regales you with such aural gems as "Free My Love Monkey", "Free My Love Monkey (Super Ultra Chill Simian Remix of Death)", "My Torso Undulates With Passion...For Life", "Red Hot Tentacle Love", and of course the perennial classic, "Donkey in My Pants (Free Me, Free Me)"!

An album so vibrant with LOVE and MAGIC that you'll need to buy many, many copies so that you may place them roughly in the shape of a pentagram which then may be used to invoke the Dark Lord Strom Thurmond, who will be duly impressed with your fine, fine choice of music, or least would be if he wasn't concerned with eating your face!

BUY MANY, MANY, MANY COPIES NOW!

THEN TAKE A BREAK, EAT SOME PUDDING,  
THEN BUY SOME MORE!

**David Hasselhoff:**  
He Might Not Have Let the Dogs Out...  
But He Definitely Thought About It

## Scraping Roadkill Off the Information Superhighway:

Mutat-O-Riffic Buy-a-New-Life Edition

by Nick Stewart  
Assistant Editor

Elite Titles: <http://www.elitetitles.co.uk/main/index.htm>

Tired of your old, boring name? Feel as though being called "Phil" simply doesn't command the type of respect that you truly deserve? Worry no longer, as the fine and "Completely Legal, Really" folks who run this UK-based site have the means to give you the very power to change your whole life — and more importantly, your legal name. That's right, for the low, low price of 450 bucks Canadian, these wacky British people will legally enable you to become "Lord Phil", or even Baron, Count, Viscount, Marquis, Duke, or Sir (or the female equivalents thereof)! Forget having to worry about pesky things like "merit" or "birthright"! Through some sort of magical arrangements with the United Kingdom's "HM Land Registry" as well as a pack of lawyers all versed in English Common Law relating to Names, Titles and Copyright and Shameless Bribing of Name Registry Officials, the people who run this site will send you a bunch of stuff confirming the legal legitimacy of your new title. Or if you feel like sending them \$1,500 bucks, you can get a package that enables you and your Significant Other to own a piece of land that will allow your newly-bought title to be inheritable! Just think, for just 450 bucks Canadian, you can be referred to as Lord, allowing you to demand people to refer to you by your given title! Take the following exchange as an example:

"Your Honor, Mister Stewart —  
"HEY, MY NAME IS LORD NICHOLAS!!!"  
"—sorry. Lord Nicholas was arrested for humping a fire hydrant."

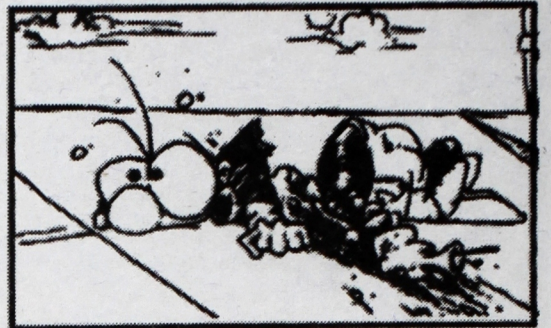
Fun for the whole family!

Universal Life Church — Become a Minister Today! <http://www.ulc.org/>

Maybe you're not into being referred to as Sir, Baron or Count; maybe you just don't have 450 bucks to blow on something like joining the likes of Sean Connery in the ranks of weirdo Brit nobility. Or maybe you've always wanted to start your own church, but haven't really been into the whole "religious education" thang. If so, then take a quick spin by the Universal Life Church, and within three minutes, you too can be a "real" minister, with "legally binding powers" (official documents, service materials, and Ministry in a Box sold separately)! Become one of the more than 20 million ministers ordained since 1959! This is one of those wacky counter-religions that started off with really basic philosophies ("in the old days, it was mostly about food and sex") but has since graduated to full-out insanity. For instance, you can now become a "power monk" and become a Doctor of Immortality through these fine and incredibly insane people. If that wasn't enough, they're also more than happy to sell you the title of Shaman, High Priestess, Yogi, and even Saint! Imagine how much fun it would be to sign all your letters with "Lord Saint Nicholas, Doctor of Immortality and Shaman of Love"!

Spirit eXpress: <http://spiritexpress.org/ulc/home.html>

No, this isn't dedicated to your Friendly Neighborhood Booze Delivery Service, though it is about something equally intoxicating: Bea Arthur! Wait, no, I meant to say "Spirituality." Just when you thought that it wasn't possible to exploit religiousness any further, some intrepid soul manages to cram all things holy into a box. Yeap, that's right, this is "divinity in a box", ladies and gentlemen. And, as indicated by the ever-so-hip "eXpress", this is the Pizza Pop of Spiritual Enlightenment, where you can "unlock the secrets of who you really are" and "learn angelic healing techniques" in under a year! Think of the opportunity: instead of spending your whole life shlepping around this planet, you can go around and perform miracles for fun and profit, in under a year! And in case you have not yet picked up on it, allow me to repeat: This is E-Z Bake Spirituality In a Box. And of course, the site offers testimonials like "After being mauled by circus lions, I was paralyzed but this course once again allowed me to pursue my former career as a llama rancher." Finally, there's a "test" to see if the course is for you, made up entirely of "no-win" questions, like "Would you like to have midgets set your face on fire? No? THEN THIS COURSE IS FOR YOU!" I'd love to say something cheesy like "All aboard the Spirit eXpress!", but it's all too clear that the train blew up in the station and caused massive brain damage to everyone inside.



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## SIGNS, SIGNS... Everywhere a Sign

By Mat Thompson  
Editor In Chief

The second you walk into this movie and the beginning credits begin to roll, you know that you are in for a cinematic masterpiece. Some may not see **M. Night Shyamalan's** *Signs* as the masterpiece that it truly is, but you have to look at the movie for all the aspects it contains: story, acting, presentation and effect.

The story is a very simple one on paper, but it is the presentation of the story that makes this movie so good. The story follows the trail of events that happen after Father Graham Hess (**Mel Gibson**) awakes to find his children in the family's corn field, in the middle of a crop circle. Immediately he blames the local hooligans of messing with them, but then strange occurrences begin to happen. As his children Morgan and Bo (**Rory Culkin** and **Abigail Breslin**) begin to lean more and more about alien attacks and abductions, and his brother Merrill (**Joaquin Phoenix**) becomes obsessed with the news on television about apparent alien sightings, Father Graham has to come to terms with his beliefs, which have already been shattered by the untimely death of his wife in a car accident.

As animals turn on their owners in defense of the unknown, as people begin to see what no one will admit is there, and as creatures seem to run in and out of people's side-vision, the apparent alien attack is upon

the earth... but no one knows for sure.

The thing that makes this movie great is the fact that the story and the fear is left up to the imagination and fears that each and every person in the theatre has. The audience only sees what the characters see and only knows what the characters know. There is no cuts to anything other than what is happening currently, or flashbacks to the day of Graham's wife's death. You must go through all the emotions and fears of the characters to get to the end just like they do.

The first time I saw this movie, the very second the opening credits roll I was reminded of my favorite director, **Alfred Hitchcock**. The music and the mood from the very beginning was so Hitchcock that I was hooked. Just like Hitchcock, the movie does not play out everything you need to know, but it makes you become a character in the middle of the action, going through the same emotions as the characters. Hitchcock movies always based their stories on the unknown, and this movie is based completely on the fear of the unknown.

**Mel Gibson** to me has always been a very one dimensional character. Every movie he plays he is stuck in the same roll of the warrior who must overcome a nation to save himself and his family. Hell, he has already played *Braveheart* three times now (*Braveheart*, *The Patriot* and *We*

*Were Soldiers*), but in this movie he shows a new depth to his character of real human emotion. He must meld together his love for his children, the sorrow of losing his wife, the fear of death and the destruction of his family, and the strength to save and lead them through the unknown. To me this is one of Gibson's better performances.

**Joaquin Phoenix** also pulls off an amazing performance as Merrill, the tough, sporty younger brother who has no real ambition in life other than causing fights. He plays a perfect opposite to Gibson's character as Graham is very passive, and Merrill is very in your face. While Graham wants to call the police on the hooligans that he believes is messing with his crops, Merrill is ready to kick ass and take names later. Merrill acts before he thinks, which to me is a perfect roll for Joaquin as he seems like the bully in many of his rolls.

The children, Bo and Morgan help the story along as they are the only two who are more sensible about the whole alien invasion as they react to it with their childlike naivete and wonder. Morgan wants to learn as much as possible as Bo believes her dreams may come true, as well as having a very strange tick when it comes to drinking water. **Abigail Breslin** has not been in any other moves before this one, but is the cutest little actress who makes you want to jump in to the screen to protect her from the unknown invaders.

**Rory Culkin** (yes, a Culkin) finally proves to us that a Culkin can actually act well in a movie that does not have the words 'Home' or 'Alone' in it. He plays a child that is too smart for his own good and is really the rock that holds the family together.

Writer and Director **M. Night Shyamalan** gets better and better by each movie he writes and directs, with signs as his crowning achievement so far. With *The Sixth Sense* he played to the fears of everyone with a story of ghosts and the other side, then with *Unbreakable* he delved into the world of mythology and superheroes, and now in *Signs* he plays to the fears and raw human emotions. His stories are about eve-



You Think the Corn is Bad...  
Wait till You See What They Did with the Sheep!

ryday people who have to react and survive an extraordinary event. Unlike the first tow movies, there is no real twist or secret that you have to figure out. Instead, he never reveals until the end if there is an actual alien invasion or if it is in the minds of the characters and the audience that is watching.

Movies today really never force you into the story as this one does. Instead of playing to the audience, the movie plays with the audience. A movie that makes you think, react and feel the emotions of the characters is unheard of in this day of teenage comedies and cheap horror flicks that only make you jump because audiences only know that type of theatrical fear. Fear of a slasher is nothing like the fear of the unknown in *Signs*.

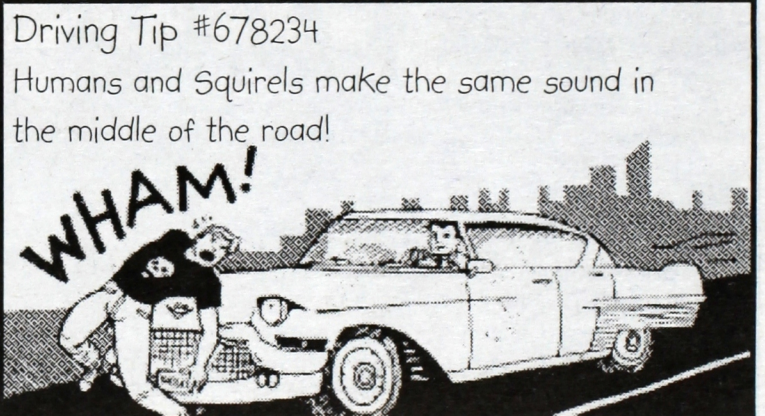
This is the type of movie that

I have told everyone to see. I have already seen it a few times in the theatre, watching the reactions of the crowds and the people with me as much as I watch the on screen action. Hollywood has finally come into it's own with new directors with new ideas to capture the audiences. Directors like **Kevin Smith**, **Baz Luhrman** and now **M. Night Shyamalan** have brought a new level to cinema. They bring a new style, but still hold the classic ways to heart creating masterpieces.

*Signs* is the first of what will hopefully be a long line of Hitchcock style moves that make you jump and fear for the unknown as well as the characters you see before you. *Signs* is a must see for anyone who loves a good story and love to be scared to death. *Signs*, so far, is the best movie if the year. Don't miss it!



"I'm too one-dimensional for this shit!"



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## DVD Release Schedule

by Hugh Panelas  
A&E Editor

If any of you out there love your movies as much as I do you are constantly surfing the net in order to find out the release dates of your favorite flicks onto DVD. I know that there are millions of web sites that you can go to but I figured that it would be easier for you to read the schedule here in Lambda. Here are the dates for the first semester.

**September 17/02    October 8/02**

40 Days and 40 Nights    Jason X  
Death to Smootchy    Stephen King's It  
Frailty

Grease    **October 11/02**  
Monsters Inc.    Scooby-Doo: The Movie

**September 24/02    October 15/02**

John Carpenter's Vampires: Los Muertos    Insomnia  
Murder By Numbers    Law and Order: Season One DVD Box Set

**October 1/02    October 22/02**

The Scorpion King    ET: The Extra Terrestrial  
Beauty and the Beast    Mr. Deeds (2002)  
Enough

## DVD Easter Eggs

by Hugh Panelas  
A&E Editor

Easter eggs are a way for the DVD producers to have a little fun with the audiences. Sometimes there can be some pretty interesting stuff found in these eggs. All of the following DVD Easter Eggs can be found at [www.dvdeastereggs.com](http://www.dvdeastereggs.com)

**The Usual Suspects (Special Edition)**

On the Special Features side of the disc use the up arrow button on your remote to highlight "The Usual Suspects" logo. Then using the arrows, highlight the four pictures in the following order - 1) "Quartet" 2) "Guatemala" 3) inmate photo 4) broken coffee mug. You will then be able to see an 18-minute interview with Composer/Editor John Ottman and a 3-minute segment of interview outtakes with Chazz Palminteri, Kevin Pollak, Stephen Baldwin, Benicio Del Toro and Bryan Singer.

**Mallrats**

1) Go to the disc's "Special Features" menu and select the "Deleted Scenes". Then press the right arrow key to highlight the robot's eyes. If you press "Enter" now, director Kevin Smith and another staff member will remind you to stop looking for Easter Eggs on DVDs

2) Go to the soundtrack trailer and at the end there's a hilarious video for the Goops 'Build Me Up Buttercup' with Jay and his hetero lifemate Silent Bob.

**Blair Witch 2: Book of Shadows**

These are not found in the normal way. They are accessed during the film (on the first disc).

After the group meets Kim in the graveyard (Chapter 2), there is a shot of them walking out. During this shot, you will lose control of the fast-forward, rewind and pause buttons. However, if you press 'Enter,' you will be taken to a 1min 30sec feature on Satanism.

The second egg is found the same way, but it is done when Tristan walks into the river (Chapter 5). This takes you to a hidden photo gallery.

Dogma: Special Edition

**Jay and Silent Bob Strike Back**

On both disks there are eggs. Right when the main menu appears (on both disks) the egg is in the corner near the View Askew logo (a clown). On the Movie disk an option will be "Play Movie", press left and another caption will pop up next to it. It reads "Don't Play Movie". Press that and it will lead you to a screen that will hold some advice (there are four different "advises" on this easter eggs. After one is over and it returns to the main menu repeat pressing it if you wish to see the other blurbs).

On the second disc there is a Jay and Silent Bob's Secret Stash spot featuring Kevin Smith and Jason Mewes (once again near the View Askew clown logo)

by Hugh Panelas  
A&E Editor

As I sit here in front of my computer I can't even imagine where to begin my first column since last year. Most of you might be thinking why, so here's the reason. The last bit of WWE television that I saw was Vince McMahon defeating Ric Flair to regain control of the WWE. That's right, it was that long ago. Do the math and you'll realize that with the exception of Summerslam and the following couple of RAWs I have been out of the loop. My job at a summer camp took my out of the world of sports entertainment. While I managed to have a fantastic time at camp I now feel that this could have been the worst possible summer in the world to walk away from the ring.

Never in a billion years would I have figured that Vince would have retained the services of the two competitors that tried to put him out of business. Sure Paul Heyman has been around for a while but the addition of Eric Bischoff makes the WWE a total and complete power house. While Eric's presence has made a profound effect on the ratings I must add that it has had a negative one on the product. If I wanted to see Nitro I would have watched WCW. Am I the only one that hates JR and the King's announcing table on the side stage area? That is not working for me at all.

This whole roster split is still pissing me off as well. I thought it was bad when half of the stars were on one show and the leftover garbage was on the other. Now you did have some positive aspects like the trades and acquisitions of wrestlers jumping to the other respective shows. One thing that made me smile was the fact that Stephanie McMahon has returned to her on-screen role. I guess that they caught the pervert that was trying to get at her before WrestleMania. I also think that her more conservative side plays more to the fans' hatred for her character.

I think that the overall part of the WWE that really disgusts me is what they have now done with the title situation. Sure Brock Lesnar jumps over to SmackDown. Is that really a need for panic? I really would like the chance to speak to the

## Ring Rust



The Reverend and the Hardcore Dusty...  
So Why did They Split the Rosters Again?

writer or writers that came up with the idea to bring the WCW title oops, I mean the World Title out of the closet and around the waste of Triple H. If you are going to make the title an undisputed one then there is no reason whatsoever so pull half of that title and bring it back. What's next? Is Stephanie going to bring the US Title back because she doesn't have an Intercontinental Championship? By having that World Title back it downplays the importance and the respect of the Undisputed Championship. It was just a terrible decision.

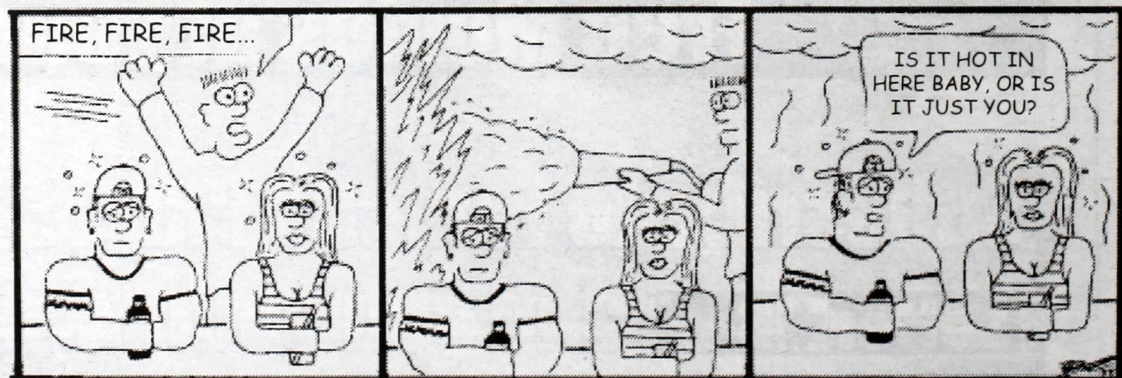
I guess now would be a good time to discuss some things that I have seen and heard about this summer that have really impressed me. Let's start with Brock Lesnar. I must admit that I was one of many that labeled him a new, young version of Goldberg but this kid has something that Goldberg never had. That's talent. He showed me a lot in that match against that Rock. The kid can actually wrestle and hinted at it during Summerslam. He pulled off a spectacular match in his first main-event. I was thrilled with his presence and of course how he kicked the shit out of the Rock. He can sell and I hope that he sticks to it and doesn't punk out like some of the other guys that have worn the title. Speaking of the Rock, how good was it to hear another crowd boo him out of the build-

ing? Since I'm on the Summerslam topic, I must admit that I was anxiously awaiting the Triple H/Shawn Michaels rematch. I say rematch because earlier in his career Triple H did defeat HBK for the European title. Talk about hype for the match. These guys have only faced each other once and considering their history they had a lot to give the fans. I thought that the match was one of the greatest matches of the year if not the best. The best part was how it changed directions and speed right in the middle of it. I have never seen anything like it before. For those of you that think Michaels has a bad back, I think you should watch the match again. I think the reason for his long absence was his wife wanting a family, not because he was hurt. Rumor has it that when he makes his return from the sledge hammer attack (heh heh heh, the best part of the match) he will be teamed up with someone.

Oh yeah and only because I am the biggest Triple H mark in the world I have this to leave you with. Because the WWE never sanctioned the match the loss doesn't count against Hunter. It will never be in the record books, just like that win by Chris Jericho for the title a couple of years ago. So for you HBK fans, looks like he gets nothing but a wheel chair for his troubles.

## Downunder

by Mat Thompson



The COMICS PAGE will Return Next Week...  
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Featuring...  
**'MAT BURN'**  
Mat Thompson's weekly  
wrestling column



## A Silver-Screen Summer in Review

by Hugh Panelas  
A&E Editor

The summer months always seem to be the best time to hit the movie theatres as the big studios put huge amounts of money into their so-called blockbuster hits. After spending around \$10 per ticket and about \$75 on the popcorn and a soda combo, one would surely expect to be entertained for the entire duration of the movie. In some cases this happens but in a summer of dismal hits like this past one, it leaves moviegoers like myself saying "Is that it?"

### Jason X

Everyone knows that I am a diehard fan of the horror genre but let me do you all a favor right now and tell you never to watch this movie. I mean that NEVER watch this movie! My first tip off should have been the fact that it is laced with a

bunch of no-name Canadian actors. That and there was no Friday the 13<sup>th</sup> Part 10 in the title. If it's stinking cheese that you are looking for than this is defiantly it.

### Spiderman

I was never a big comic book fan so I really have nothing bad to say about this one. All those losers that are sitting at home digging through their past issues to find the parts that the movie script changed from the comics all complained about this on-screen adaptation. Toby McGuire was fantastic and Kirsten Dunst was hotter than ever. Honestly was anyone upset with this movie?

### Star Wars Episode 2: Attack of the Clones

Finally I think that all the Star Wars fans are happy. This movie was far superior to its predecessor in

every aspect including plot. At least Lucas found the correct role for Jar Jar, little and no screen time for his annoying speech and antics. All I have to say is bring on the destructive power of the dark side ASAP in Star Wars 3.

### Enough

This movie was fantastic and I enjoyed everything about it with the exception of the outcome. No, I do not support the attitude or actions of a wife-beating monster. However at the same time I don't think that it was the brightest idea to make a movie that teaches women everywhere that the justice system including the police don't work and that women everywhere should take the law into their own hands and do what they need to do. Yes, in SOME cases this is alright but I felt that the overall message was worse than the problem.

### Halloween Resurrection

Unlike Jason X this movie delivers. The link from H20 to this is absolutely fantastic. I was even nervous for this plot especially after suffering from the earlier summer's abomination of the classic series. Ever wondered where Michael Myers disappears to for all those years at a time? It's all answered here in this film. The best part about it is that Jamie Lee Curtis reprises her role as Laurie Strode. You got to love Hollywood stars that stay true to their



horror movie roots.

### Men in Black II

Yes it was a very enjoyable movie. Sure it featured Will Smith and Tommy Lee Jones but this second installment was missing some of the charm that thrilled audiences the first time around. What made me disappointed with this movie was that the jokes were either linked with profanity or had a racial tone to them. I thought Will Smith was Mr. Clean? Perhaps a family movie environment shouldn't be the best time to try something new. However the best cameo in movie history (Michael Jackson) made it worth seeing.

### Austin Powers in Gold Member

I was never a big fan of this series but for whatever reason this movie kicks you in the junk and

makes you laugh your ass off while it's happening. I actually didn't get to see much of this film because I was too busy wiping the tears away from laughing so hard. Anytime that you get a spot from Fred Savage it's worth seeing. Mike Myers comes through again with a smashing hit. I wonder when part 4 will be out.

### Fear Dot Com

It was only a matter of time before someone made a horror movie about the internet. The only problem is is that this one isn't worth seeing at all. This movie has absolutely no character development at all. It's a two hour movie that just begins and runs through to the end. A rather unique concept goes down the toilet along with some careers on this one. It's a dark movie that is filled with a bunch of quick bright cuts. Anyone that gets motion sickness might want to stay away from this one.



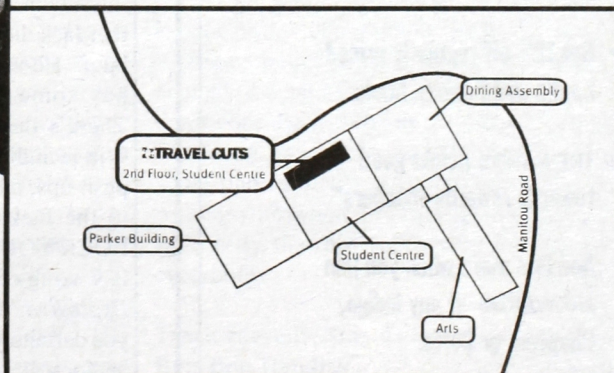
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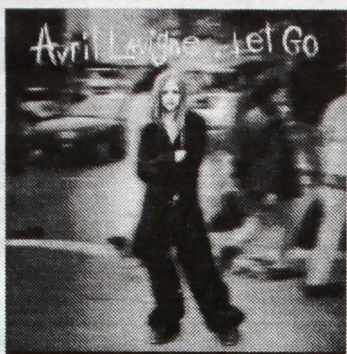


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## Let the Music Do the Talking... Reviews by Mat

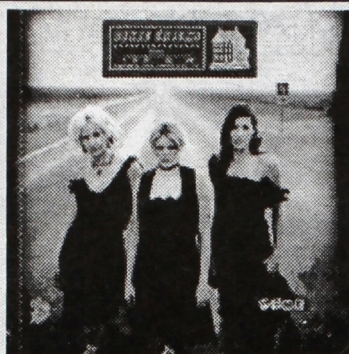


### Avril Lavigne - Let Go

Chill out, I know this song's a bore.  
Every hour, I've heard the song before  
And if you could only find a radio that  
isn't playing it.  
I liked the song the first few times  
She had some funky little rhymes.  
And then the radio played it back to back,  
twice an hour,  
Play somebody else, anyone else  
Please take the CD, out of the tray, be-  
cause if you don't you will look like a fool  
to me...

Dammit it's really not that complicated.  
The fact you won't play anyone else gets  
me frustrated  
Radio's like this; you play, then you stop,  
then you find a new track and you forget  
the old one until the next day, its easy as  
long as you don't repeat the same song  
ten times a day...  
No, no, no

Actually the album has some  
pretty good tracks on it, but if I ever  
have to hear *Complicated* again I'll  
probably snap and do some serious  
damage to the closest person to me  
with a plastic spoon and a handful of  
stale Skittles. Oh, you don't believe  
me? Just try it...

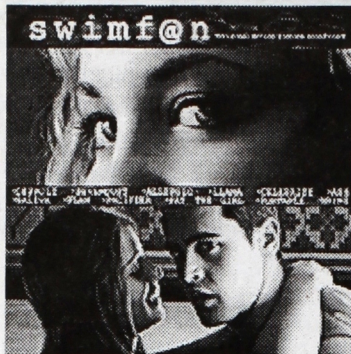


### Dixie Chicks - Home

What is it about these girls  
that can make a die-hard rock fan  
sit down and listen to anything they  
produce? Is it their sex appeal or  
cool name? No. The thing about  
these girls is that they are probably  
one of the most talented groups  
around, country or not!

*Home* is the third album by  
the **Dixie Chicks** and is a nice  
change to the last few albums as  
they have moved towards the blue-  
grass country tradition in their mu-  
sic. The album contains quite a few  
slower tracks like *Godspeed*, *Land-  
slide* and the heartwarming  
*Travelin' Soldier*. There are of  
course the more up-beat standards  
like *Lil' Jack Slade*, the hilarious  
*White Trash Wedding* and the first  
single from the album, *Long Time  
Gone*. It's amazing the sounds and  
songs these three come up with that  
make you just want to hear more.

*Home* is available now and  
I'm sure any music fan will enjoy  
the album, but if you're a **Dixie  
Chicks** fan, you will absolutely  
love it! A definite must have.



### Swimfan Soundtrack

Rock has really embraced it's  
hard edge as of late and movies like  
*Swimfan* have utilized that edge to  
make their movies and soundtracks  
more interesting and edgy. Rock is  
on an upswing and thanks to sound-  
tracks like this, we can get great col-  
lections of what is the future of the  
music business.

The *Swimfan* soundtrack fea-  
tures rockers like **Saliva**, **Pacifier**,  
**Celebrity**, **Sevendust** and **Portable**.  
The tracks will rock your speakers,  
and if you have seen the movie, you  
will remember the rage and  
psychoticness of the self-professed  
*Swimfan*. The album contains  
twelve tracks including other artists  
like **Wayne**, **Flaw**, **Allergic**, **Pay the  
Girl**, **Llama**, **Ash** and a great acous-  
tic version of **Default's Deny**.

If you have seen the movie or  
not, this is just one of those great  
compilation albums that you have to  
have in your collection.



### Tenacious D

By Andrew Noakowski

Take one part **Jack Black**,  
one part **Kyle Gass**, two parts balls-  
out rock, one part humour and mix  
it all together. What do you get?  
The **Two Kings**, **TENACIOUS D**!  
One of the best albums to be re-  
leased in 2001.

Now sure, when you hear  
that **Jack Black** is releasing an al-  
bum, thoughts of **Adam Sandler**  
and **Jimmy Fallon** run through  
your head. The main thing that sets  
this album apart from those guys is  
that Jack didn't write a comedy al-  
bum. He wrote a rock album that  
has some humour thrown in.  
There's the occasional hilarious  
skit, including the benefits of cock  
push-ups, but all this is secondary  
to the fact that this album will  
**ROCK YOUR ASS OFF**. Whether  
it's songs like *Double Team*,  
*Explosivo*, *Karate*, or *City Hall*,  
you definitely get your dose of rock  
and/or roll for the day.

Now I would be remiss to  
leave out any mention of the im-  
age these guys put out. You get the  
ultimate rock stereotype with this  
album: Sex, Drugs, Rock and Roll,  
and even stuff about the devil! Just  
look at the album cover and you'll  
know what I'm talking about.  
Check these guys out and you'll  
never regret it, you may even join  
me in saying **OBEY THE D**!



### XXX Soundtrack

No, this isn't the bow-  
chick-a-wow soundtrack to  
the latest Jenna Jamieson foray into  
the tawdry world of girl on girl  
action, but the double disc sound-  
track to the latest Vin Diesel ac-  
tion movie **XXX**.

This thing that makes this  
soundtrack interesting is that they  
have broken it up into two differ-  
ent discs, one for those of us who  
like to rock, and one for those of  
us who can't listen to a song un-  
less it has been re-mixed, re-mas-  
tered, and re-edited for the DJ in  
us all.

The first disc starts off hard  
with **Rammstein**, **Drowning Pool**,  
**Hatebreed**, **Queens of the Stone  
Age** & **Mushroomhead**. Just  
these five tracks are perfect for  
pissing your roommate off when  
you crank your stereo up to ten and  
you begin to slamdance with him  
as he runs for cover.

The disc then takes a turn  
for the techno as **Flaw**, **Moby** (no-  
body listens to techno) and **Orbital**  
sign in with their techno, *damn I  
need a glowstick or I will die*, beats.  
I think the only thing that really  
saves the second half of the first  
disc is a brand new track by **Gavin  
Rossdale**, lead singer of **Bush**.  
Adrenaline makes me with **Bush**  
would come out with another al-  
bum and regenerate the sound of  
late alternative rock.

The second disc is like a  
night and day change as it features  
tracks by **Nelly**, **Lil' Wayne**,  
**N.E.R.O.**, **Big Tymes**, **Missy  
Elliott**, **P. Diddy**, **Ice Cube**, **Mack  
10** and many more. The album is  
just jam packed with rap and hip  
hop beats better than most rap al-  
bums you can find today.

Most of the tracks on the  
second album are new songs by  
these artists so you aren't just get-  
ting the same crap you hear on the  
radio and in the bars. **Nelly's Stick  
Out Your Wrist**, **N.E.R.O.'s Truth  
or Dare** and **Mack 10's Connected  
For Life** featuring **Ice Cube**, **WC  
& Butch Cassidy** really stand out  
as the anchor tracks, holding the  
entire disc together.

This soundtrack is great  
since it is only the price of a single  
album for two full discs of rock and  
rap. I'm amazed they didn't re-  
lease it as two separate albums, but  
for once the record industry has  
thought about the consumer and  
made us something we will want  
to spend money on. The **XXX**  
soundtrack is worth getting just for  
one of the discs, let alone both. Get  
this album, it's the best deal going!



### FROSH 5 & FROSH - The Mullet Years

The **FROSH** machine just  
keeps on rolling. As long as there are  
universities and colleges who have  
new frosh entering their fine estab-  
lishments Universal Music will keep  
producing albums that are supposed  
to be the party anthems for the year.  
A few of the past albums have fallen  
short of the first, but these two are  
definitely good buys.

**FROSH 5** finally centres  
more on the modern rock star, for-  
getting the more laid back tracks of  
2-4. This album hits hard right away  
with **Andrew WK**, **Sum 41**,  
**Boobastank**, **Puddle of Mudd**,  
**Blink 182** and classics like **KISS** and  
**The Ramones**. There are of course  
entries for the hip-hop star in all of  
us by **Ja Rule**, **Ice Cube** and **Swol-  
len Members**, but I think it is the in-  
clusion of **Flock of Seagulls** that re-  
ally puts this album over.

There are two different ver-  
sions of **FROSH 5** on the shelves,  
and if you are lucky enough you will  
find the one with the Frosh Week  
classic *Medium Pace* by **Adam  
Sandler**. This song will of course  
now be retired in the Pub as I have  
been playing it there for four years  
now and it has run its course.

**FROSH - The Mullet Years**  
of course is full of songs that ran their  
course more than a decade ago. Hell,  
I would put money on the fact that I  
probably bought the albums by some  
of these artists while half of this  
year's crop of frosh were still fight-  
ing over the sandbox in kindergarten,  
wetting their pants and eating paste!

Just check out this line up...  
**Poison**, **Warrant**, **Cinderella**,  
**Winger**, **Skid Row**, **KISS**, **Great  
White**, **Scorpions**, **Whitesnake**,  
**Jackyl** and a bonus track by **Sum 41**.  
I know that a few of you may be con-  
fused by these names, but these were  
real rock bands before alternative  
came to be. Hell, I remember listen-  
ing to *Track #8, Cum On Feel the  
Noise* by **Quiet Riot** in grade 3 and  
4, meaning that most of you were just  
a horny little thought in your parents  
eyes!

This years collection of  
**FROSH** albums is definitely worth  
buying. For some they will be a nice  
flashback, and for others it will be a  
lesson in *Mullet Rock 101*. Check  
them out, I guarantee you will want  
to grow your hair like **Billy Ray Cyrus**  
within hours!

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## BUY THIS ALBUM!!!

(also known as the enormously HUGE article that Bubbles wrote with way too much time on his hands!!!)

By Andrew Noakowski  
contributor

Hey everybody! This is hopefully the first of many editions of "BUY THIS ALBUM!". Why am I writing this? Simple. I don't trust your taste in music. OK, I'm just kidding about that last part, but I figure there's no harm in letting you all know about some great music out there that you may have forgotten about, or maybe never even heard of.

### Singles: Original Motion Picture Soundtrack

It's no secret that Cameron Crowe is one of the most knowledgeable people on earth when it comes to music. Whether you site his experience with Rolling Stone Magazine or the lyrics he wrote for the Almost Famous tunes, he knows music. That's why it is always a safe bet when you see a soundtrack come out for one of his films. For those of you that didn't know, Cameron always hand picks the songs for his soundtracks. Making it seem as though Cameron Crowe is making a mix tape for us all to hear. Or a burned cd for you youngsters out there. And yes, by youngsters I mean everyone younger than me, which just happens to be all of Laurentian. Except Mat.

Anyways, down to the real meat of this meal that is the Singles soundtrack. The movie was released in 1992 and you know what that means. The revolution of music that is the Grunge era was in full swing. Given Cameron's love of the Seattle scene at that time, it's no surprise that the movie's backdrop was Seattle, and the music of the city was predominantly featured.

When you look at the artists featured on this disc – and what they're contributing – you get the sense that this album was more of a project than a simple soundtrack. There's rare items – for the time – like a Solo acoustic song by Chris Cornell, an unbelievable Zeppelin cover by the Lovemongers and even songs that are over six minutes long. Not your usual radio fodder that litters most soundtracks these days.

It's almost impossible to find a point to start talking about the actual music contained in this monolith of a record. Like a great piece of cheesecake, you just don't know where to begin. So lets go in the order that Cameron gives us.

#### Track One: Would? By: Alice in Chains

Other than Alice in Chains, One of the first success stories in the Seattle scene was the band Mother Love Bone, founded by future bassist and rhythm guitarist from Pearl Jam Jeff Ament and Stone Gossard. The frontman of the band was a flamboyant performer by the name of Andy Wood. Wood was roommates with Chris Cornell for a while and unfortunately died of an ongoing heroin addiction. The reason I bring up Cornell is that if you have ever heard the lone album by Temple of the Dog, it was a tribute to Wood by Cornell. Each song written by Cornell in order to cope with the death of his good friend. Alice in Chains writer extraordinaire

Jerry Cantrell wrote this song in homage of the fallen Seattle figurehead. With an obvious twist on Wood's name, Would? Is a song of questioning one's self on how much is too much. Cantrell, who at the time was a documented heroin user seems to have written this song as a concerned hand on the shoulder from one junkie to another. The mantra of a mistake that people can't understand is the backbone to this song's lyric. As well, the closing line makes the listener stop and realize that Cantrell is wrestling with the idea that the whole ordeal with Wood could be a reality check for himself.

#### Track Two: Breath By: Pearl Jam

This song was recorded during the "Ten" sessions with Rick Parashar, the song never fit with the feel of Ten, so the band were more than happy to have it released in something where it had a much nicer fit. This song is a simple vessel for Eddie's message that you need to go out into the world and experience as much as you can, because there's no telling when your time will come. For the time, this was a surprisingly upbeat song for Pearl Jam, filled with hope and a sense of purpose. The highlight of this song has to be the early experimentation of Eddie Vedder with his lyrics. You can really hear him putting messages in between the lines by the way he sings them, cutting off lines to evoke the feeling that something's been cut short. Nothing that will change the world in this song, but a very good and tight sounding song from a very young Pearl Jam.

#### Track Three: Seasons By: Chris Cornell

This track would have to be my personal favorite on the album, it might be my devotion to anything that Chris Cornell puts his name to, but this track really has to be heard to be believed. Much like the Temple of the Dog project, Chris finds himself coping with the loss of his friend Andy Wood. This song puts the listener on a beach watching Chris laying amongst the sand and feathers at dawn, feeling lost and alone by the death of Wood. The song is very heartfelt and as a solo performance, is one of the better by Cornell. The fact that the song is solo and acoustic makes it a much heavier song emotionally, with the occasional hard riff coming in to remind the listener that pain and anguish go hand in hand with sorrow when it comes to the death of a loved one.

#### Track Four: Dyslexic Heart By: Paul Westerberg

Ever heard of the Gin Blossoms? This is the Seattle version with a bit more pop to it. It was a rarity, but there were pop songs coming out of Seattle at the same time as "Smells like teen Spirit" and "Alive". Mind you there is still that irreverent Seattle feel to the styling of Westerberg, but if you were to pin the title of pop music on any of the Seattle artists, it would definitely be Paul Westerberg. This song is a simple and catchy tune about Paul's inability to understand women, with

fun lyrics and a quick tempo, this song is quite good. If you like Seattle music, I'm not going to guarantee that you'll like Westerberg's music, but it's a nice break from the intense lyrics that we find on 90% of this album.

#### Track Five: Battle of Evermore By: The Lovemongers

You read it correctly, a band daring enough to try and perform an accurate Zeppelin cover. Sure they picked a song with no rhythm section, so the immediate difficulty in matching John Paul Jones and John Bonham are eliminated. But matching Page and Plant isn't exactly all that easy either. Well, if you trust me, then take my word for it on this one. The Lovemongers in this live recording taken off a soundboard perform quite possibly the best Zeppelin cover I have ever heard. The vocals are bang on and the guitar work is phenomenally close. If you're a Zeppelin fan, check this out. If you're not, check it out anyway because this song is a classic. No doubt Crowe got a kick out of this seeing as how he's a huge Zeppelin fan.

#### Track Six: Chloe Dancer / Crown of Thorns By: Mother Love Bone

When this song was released on Mother Love Bone's debut album, the record company clipped the intro "Chloe Dancer". Many felt that this was the heart of the song, and a perfect introduction to the Crown of Thorns portion. Crowe was one of these people, seeing as how Mother Love Bone was touted as being the first big thing out of Seattle, it seemed a perfect fit for this soundtrack. This song is a staggering eight minutes in length but doesn't feel long at all. The song intros with "Chloe Dancer" and Wood remembering a girl he once knew, this leads into "Crown of Thorns", which is the lament of a man who thinks he will never find true love as he finds himself jumping from woman to woman and bed to bed. This song is on par with tunes such as "November Rain", it is a quintessential power-ballad, and is well worth hearing if you haven't already.

#### Track Seven: Birth Ritual By: Soundgarden

This song is classic Soundgarden. Reminiscent of the style in "Badmotorfinger" it's a heavy tune with that unmistakable Cornell scream. It's a song that deals again with the drug issue that so many of the Seattle musicians had to confront at one time or another. The song reveals how Cornell feels that with every birth, will inevitably lead into some sort of addiction. His concern over the downward spiral that is the drug problem of the world comes shining through with the power of his voice and strength of the song. A very intense song, that reflects the state of affairs at that time in the United States.

#### Track Eight: State of Love and Trust By: Pearl Jam

The second contribution by Pearl Jam on this soundtrack, and for

the same reason. Extra material was abundant at this time, as a lot of songs – again – didn't fit with "Ten". With all the material they had, they most likely could have released a decent second album jointly with their debut effort. This song deals very seriously with the issue of youth suicide. In this case, a character

struggling to find reasons to live, not being able to find even his conscience trying to talk him out of this action. It's lyrics are stirring as you cannot see any salvation for the character at all, you know he wants to, and you know he's ready to, but the song ends before any resolve – either way – is ever reached. A very powerful song and a tribute to how talented Pearl Jam was in their early days.

#### Track Nine: Overblown By: Mudhoney

Mudhoney, whom many considered at one time to be the next big thing in Grunge music refused to embrace being thrown into the spotlight, and as a result have and still remain one of the legendary indie-rock bands. This refusal to be fodder for the media machine that wanted more and more grunge is reflected in this song. The song, a biting commentary on how they hate the fact that bands are becoming famous because of where they are from as opposed to what they sound like. The song berates fans who are bandwagon hopping and even bands who play up to the image that the media creates for "Grunge". The moral of the song being that the members of Mudhoney will never compromise their views, and therefore can be happy with the career they make for themselves.

#### Track Ten: Waiting for Somebody By: Paul Westerberg

Another offering from Westerberg for the soundtrack, and just as pop as the last offering. It's one of the harder sounds to really explain on this album simply because it is essentially a pop song but it has enough of a hard edge to it that you don't consider it to be throw-away. This song, much like the others is about finding that love you've been waiting your whole life for. A Nice little ditty that has something for everybody.

#### Track Eleven: May This be Love By: Jimi Hendrix

How can you go wrong with Jimi on the Soundtrack? Now I haven't seen the movie in a very long time, so I can't really remember where this song comes in. But I'm pretty sure that Jimi isn't grunge. A type of song that Jimi wasn't really renowned for in his time, a slow ballad with some psychedelic undertones thrown in. A beautiful song of love and never wanting to be



Singles - the First of Many Shit Movies with Great Soundtracks

apart from that love. Truly Jimi at his best, needless to say it is lifted from his masterpiece "Are You Experienced?"

#### Track Twelve: Nearly Lost You By: Screaming Trees

If I had to pick the one hit wonder of grunge, I would be forced to pick this track. It's a great song, but like many musicians have said in the past, everyone has at least one great song in them. This just happens to be it by Screaming Trees. A catchy song that deals with staying in a relationship with a loved one, even though sometimes that might not be the best thing to do. The lyric deals more poetically with the blindness that the main character deals with in regards to his relationship. He doesn't notice the problems between them and thus finds it hard when things look like they might be over, even if that may be better for him.

#### Track Thirteen: Drown By: Smashing Pumpkins

A great studio example of what the Smashing Pumpkins are like in a live environment. A great sounding song and a perfect end to an album. At a whopping eight minutes, this journey of a song truly invites the listener into an emotional experience. The song gives off the mood that frontman Billy Corgan feels within the lyrics. A song of having an emotional crutch, someone you would depend on for support, who is now gone from your life. A hard position to be in regardless of circumstance. The song uses a lengthy instrumental to make this tune more of an listening experience rather than just a song about a lost love. If you're a Pumpkins fan, then you better of heard this song.

In the end, this album really is that. An album. Most soundtracks sound disjointed and thrown together at the last second. But this album really does sound like all the musicians got together to decide on how it should sound from start to finish. I guess this is a compliment to Cameron Crowe who really did find a way to showcase the talent that is the Seattle scene without it just being some compilation. If you find yourself roaming the streets of Sudbury with an extra twenty bucks in your pocket, give some serious consideration to this album as it's a great addition to any collection.



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